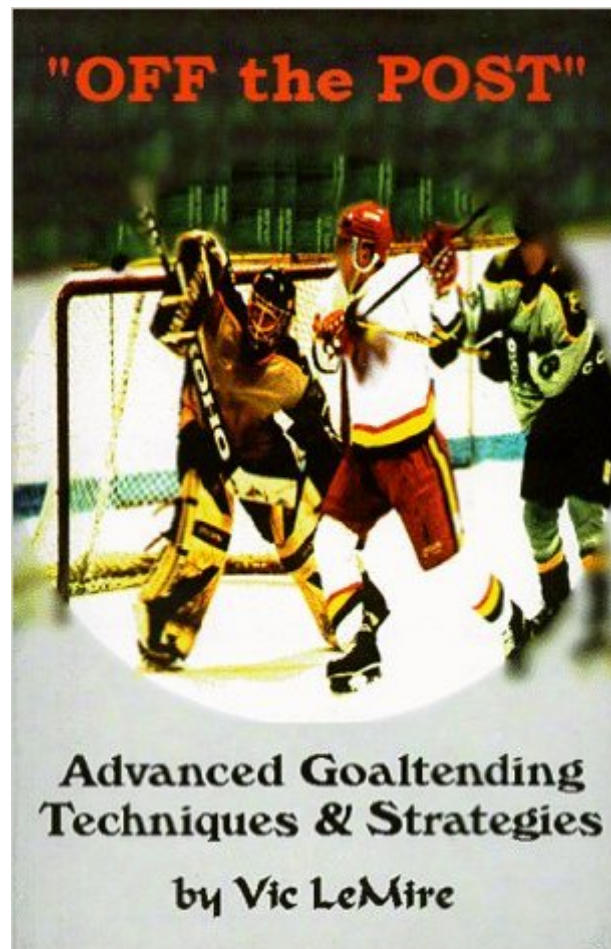


The book was found

Off The Post : The Goaltending Instructional Book For The Advanced Goaltenders!



Synopsis

Book by Lemire, Vic

Book Information

Paperback: 136 pages

Publisher: Vics Hockey Schools & Equipment Ltd (December 1, 1998)

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Average Customer Review: 4.2 out of 5 stars [See all reviews](#) (4 customer reviews)

Best Sellers Rank: #2,912,910 in Books (See Top 100 in Books) #22 in [Books > Teens > Sports & Outdoors > Hockey](#) #119 in [Books > Sports & Outdoors > Coaching > Hockey](#) #1289 in [Books > Sports & Outdoors > Hockey](#)

Customer Reviews

Like his book "Goaltenders Are Not Targets", Vic LeMire hits the target with his audience on this one. Being a member of the most exclusive union in the world can be a real challenge sometimes and its impossible to learn everything you need to be the best on the ice by just playing and figuring it out by yourself. Its nice to know that proven instructors such as Mr. LeMire are now sharing some of their goaltending knowledge and strategies and I have become a better goaltender having read both of his books. Try it. It works!

I have been searching for a good book to learn how to play in net for some time now. I have seen many different books by many different authors, and this book, Off the Post, is easily the best yet. Vic LeMire has incorporated many excellunt  instructional diagrams and photos to clearly explain the exercises involved in becoming a great goalie. Good work Vic, I look forward to your next book.

This book has some good tips however there are some misspellings and really needs some pics. Would be better off with a publication such as From the Crease. It really needs to be updated and improved.

I loved this book. It helped me win 3 state championships.

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